

**GLENDALE WITH NO SWEAT**

22 Miles

(Riders must wear Snell-approved helmets.)

|  | Total<br>Miles<br>↓ | Next<br>Turn<br>↓ |
|--|---------------------|-------------------|
| From Pasadena Elks Lodge,  |                     |                   |
| R---- GREEN ST   | 0.0                 | 0.1               |
| L---- GRAND AV   | 0.1                 | 1.0               |
| L---- ARROYO BLVD  | 1.1                 | 0.5               |
| L---- ARROYO DR  | 1.6                 | 1.0               |
| -----  |                     |                   |
| R---- PASADENA AV  | 2.6                 | 0.8               |
| Becomes YORK BLVD  |                     |                   |
| L---- FIGUEROA ST  | 3.4                 | 3.0               |
| R---- CYPRESS AV   | 6.4                 | 1.7               |
| R---- VERDUGO RD   | 8.1                 | 1.0               |
| -----  |                     |                   |
| R---- EAGLE ROCK BLVD  | 9.1                 | 0.3               |
| L---- VERDUGO RD   | 9.4                 | 0.4               |
| L---- YORK BLVD  | 9.8                 | 0.9               |
| Becomes ADAMS ST   |                     |                   |
| -----  |                     |                   |
| L---- PALMER AV  | 10.7                | 0.2               |
| L---- VISTA CT   | 10.9                | 0.1               |
| R---- OAKRIDGE DR  | 11.0                | 0.3               |
| R---- CYPRESS ST   | 11.3                | 0.3               |
| -----  |                     |                   |
| L---- GLENDALE AV  | 11.6                | 0.1               |
| R---- LOS FELIZ RD   | 11.7                | 0.3               |
| R---- CENTRAL AV   | 12.0                | 1.0               |
| R---- COLORADO ST  | 13.0                | 0.1               |
| <b>Lunch – Foxy's Restaurant at 206 W. Colorado St,<br/>Glendale, ☎ (818) 246-0244</b> | 13.1                |                   |
| Continue east on COLORADO ST   | 13.1                | 1.3               |
| R---- VERDUGO RD   | 14.4                | 1.2               |
| L---- YORK BLVD  | 15.6                | 3.7               |
| Becomes PASADENA AV  |                     |                   |
| L---- ARROYO DR  | 19.3                | 0.4               |
| R---- MISSION ST   | 19.7                | 0.3               |
| -----  |                     |                   |
| L---- GRAND AV   | 20.0                | 0.8               |
| R---- ARROYO BLVD  | 20.8                | 0.3               |
| R---- GRAND AV   | 21.1                | 1.0               |
| R---- GREEN ST   | 22.1                | 0.3               |
| Finish at Pasadena Elks Lodge.   | 22.4                |                   |

**Ride Description:**

Start: Pasadena Elks Lodge (From SR134, off and south-Orange Grove Blvd, L-Green St to Elks Lodge). 22 miles. Rolling terrain and short steep hills. Lunch in Glendale. Call \_\_\_\_\_ at \_\_\_\_\_ for ride information.

**Notes:**