

SAN DIEGO WEEKEND BICYCLE RIDE
(Riders must wear US CPSC approved helmets.)

DAY 1 - SATURDAY: ARCADIA PARK TO SAN JUAN CAPISTRANO

	Total	Next
	Miles	Turn
From Arcadia Park in Arcadia, South on SANTA ANITA AV.	0.0	6.6
R --- SANTA ANITA AV (at TYLER AV)	6.6	0.1
L----MICHAEL HUNT DR (1st left turn)	6.7	0.6
R --- PECK RD	7.3	1.3
Continue straight-ahead on WORKMAN MILL RD.	8.6	2.2
L----BEVERLY BL	10.8	0.6

R --- MAGNOLIA AV (to end)	11.4	0.6
Continue through Whittier Marketplace parking lot to SORENSEN AV.	12.0	
Continue south on SORENSEN AV.	12.1	0.8
L----SORENSEN AV (at MINES BL)	12.9	0.6
L----SLAUSON AV	13.5	3.5
Becomes MULBERRY DR		

R --- LA MIRADA BL	17.0	5.8
Becomes MALVERN AV		
R --- GILBERT ST	22.8	1.3
L----ORANGETHORPE AV	24.1	6.1
R --- KRAEMER BLVD	30.2	0.2

Snack stop – Larry's Donut and Coffe Shop, 1509 Kraemer Blvd, Anaheim; ☎ (714) 666-0300. 30.4

Continue south on KRAEMER BLVD 30.4 5.8
 Becomes GLASSELL ST

Note: New Route F to San Juan Capistrano via Santiago Canyon Rd. See Page 2 for directions. Otherwise, continue on Glassell St.

L----LA VETA AV	36.2	0.5
R --- CAMBRIDGE ST	36.7	0.5
L----FAIRHAVEN AV	37.2	1.0
R --- YORBA ST	38.2	0.9
L----17TH ST	39.1	0.7
R --- HOLT AV	39.8	0.9

Continue with Route A, B, C, D or E below:

Route A (Inland) – Rolling terrain/moderate to steep grades.

L----IRVINE BLVD	40.6	13.9
Becomes TRABUCO RD		
R --- MARGUERITE PKWY	54.5	5.0
R --- AVERY PKWY	59.5	0.2
L----CAMINO CAPISTRANO	59.7	3.4

☎ Laguna Inn Motel at 28242 Camino Capistrano, ☎ (949) 347-8520.

Walk bikes around concrete barrier on Camino Capistrano.

L----ORTEGA HWY to motels 63.1
 ☎ Mission Inn Motel at 26891 Ortega Hwy, ☎ (949) 234-0249

Cross I-5.
 ☎ Best Western Capistrano Inn at 27174 Ortega Hwy, ☎ (949) 493-5661

Route B (Inland) - Rolling terrain/moderate to steep grades.

L----IRVINE BLVD	40.6	9.4
R --- BAKE PKWY	50.0	1.3

L----MUIRLANDS BLVD	51.3	3.8
R ---LA PAZ RD	55.1	0.2
L----CABOT RD (to end)	55.3	3.4
L----PASEO DE COLINAS	58.7	0.4
L----CAMINO CAPISTRANO	59.1	3.5

☎ Laguna Inn Motel at 28242 Camino Capistrano, ☎ (949) 347-8520

Walk bikes around concrete barriers on Camino Capistrano.

L----ORTEGA HWY to motels 62.6

☎ Mission Inn Motel at 26891 Ortega Hwy, ☎ (949) 234-0249

Cross I-5.

☎ Best Western Capistrano Inn at 27174 Ortega Hwy, ☎ (949) 493-5661

Route C (Inland/Coastal) - Rolling terrain/moderate to steep grades.

R ---NEWPORT AV	40.7	1.2
L----WALNUT AV	41.9	4.7
R ---JEFFREY RD	46.6	0.8
L----IRVINE CENTER DR	47.4	8.9

 Becomes MOULTON PKWY

R ---LA PAZ RD (to end) 56.3 3.2

R ---CROWN VALLEY PKWY 59.5 4.2

L----PACIFIC COAST HWY 63.7 2.0

R ---DEL PRADO AV (at Y) 65.7 1.1

Continue PACIFIC COAST HWY.

L----DEL OBISPO ST (to end) 66.8 3.6

Go left on Ortega Hwy to Mission Inn Motel or right on Ortega Hwy to Best Western Capistrano Inn. 70.4

☎ Mission Inn Motel at 26891 Ortega Hwy, ☎ (949) 234-0249

Cross I-5.

☎ Best Western Capistrano Inn at 27174 Ortega Hwy, ☎ (949) 493-5661

Route D (Coastal) - Rolling terrain/moderate grades

L----IRVINE BLVD	40.6	0.7
R ---RED HILL AV	41.3	4.5
L----MACARTHUR BLVD	45.8	6.7
L----PACIFIC COAST HWY	52.5	14.0
R ---DEL PRADO AV (at Y)	66.5	1.1

Continue PACIFIC COAST HWY.

L----DEL OBISPO ST (to end) 67.7 3.6

Go left on Ortega Hwy to Mission Inn Motel or right on Ortega Hwy to Best Western Capistrano Inn. 71.3

☎ Mission Inn Motel at 26891 Ortega Hwy, ☎ (949) 234-0249

Cross I-5.

☎ Best Western Capistrano Inn at 27174 Ortega Hwy, ☎ (949) 493-5661

Route E (Coastal) - Rolling terrain/moderate grades

R ---NEWPORT AV	40.7	1.2
L----WALNUT AV	41.9	4.7
R ---JEFFREY RD	46.6	0.8
L----IRVINE CENTER DR	47.4	1.0
R ---SAND CANYON AV	48.4	0.9
L----ALTON PKWY	49.3	0.5

?Alton Pkwy at Laguna Canyon Rd may be closed due to construction work.

R ---LAGUNA CANYON RD 49.8 8.9

L----PACIFIC COAST HWY	58.7	7.1
R ---DEL PRADO AV (at Y)	65.8	1.1
Continue PACIFIC COAST HWY.		
L----DEL OBISPO (to end).	66.9	3.6
Go left on Ortega Hwy to Mission Inn Motel or right on Ortega Hwy to Best Western Capistrano Inn.	70.5	
☞Mission Inn Motel at 26891 Ortega Hwy, ☎ (949) 234-0249		
Cross I-5.		
☞Best Western Capistrano Inn at 27174 Ortega Hwy, ☎ (949) 493-5661		

Route F (Inland) – Rolling terrain/moderate-to-steep grades.

L----KATELLA	34.4	6.3
Becomes VILLA PARK		
Becomes SANTIAGO CANYON		
R ---JAMBOREE RD	40.7	0.1
Immediate left on SANTIAGO CYN RD	40.8	3.5
☞IRVINE LAKE on left	44.1	6.0
SANTIAGO CANYON RD becomes EL TORO RD		
L----MARGUERITE PKWY	55.1	8.7
R ---AVERY PKWY	63.8	0.1
L----CAMINO CAPISTRANO	63.9	3.5

Laguna Inn Motel 28242 Camino Capistrano 64.1 (949) 347-8520

Continue South on CAMINO CAPISTRANO		
L----ORTEGA HIGHWAY	67.4	0.4

Mission Inn 26891 Ortega Highway 67.5 (949) 234-0249

Cross I-5

Best Western Capistrano Inn 27174 Ortega Highway 67.8 (949) 493-5661

SAN DIEGO WEEKEND BICYCLE RIDE

(Riders must wear US CPSC approved helmets.)

DAY 2 - SUNDAY: SAN JUAN CAPISTRANO TO VACATION ISLAND (SAN DIEGO)

	Total Miles	Next Turn
From motels on Ortega Hwy, West on ORTEGA HWY.		
L----CAMINO CAPISTRANO	0.0	2.9
L----PACIFIC COAST HWY Becomes EL CAMINO REAL	2.9	3.4

R ---AVD ESTACION	6.3	3.1
Follow bikepath signs through San Clemente.		
L----AVD CALAFIA (at end of bike route)	9.4	0.05
R ---AVD DEL PRESIDENTE (to end)	9.45	1.05

Enter bike trail on right just before I-5 FWY South onramp at CHRISTIANITOS RD.	10.5	1.1
Exit bike trail and continue south on OLD HWY 101.	11.6	2.2

Enter San Onofre State Beach.	13.8	6.9
Continue south on bike trail thru state beach.		
Exit bike trail and continue south on OLD HWY 101.		
Go thru tunnel under I-5 FWY (watch out for military vehicles/tanks) and bear right at Y immediately after tunnel.		
R ---LAS PULGAS RD	20.7	0.3

Enter I-5 South and ride shoulder thru Camp Pendleton. CAUTION! Traffic entering/exiting hwy reststop.	21.0	7.4

Exit I-5 South at OCEANSIDE HARBOR DR	28.1	0.4

R ---HARBOR DR S	28.5	<0.1
L AT T	28.6	
L at Y (CAUTION! Watch opposing traffic from right.)	28.7	0.1
R ---Oceanside marina (restrooms/food)	28.8	

Continue on HARBOR DR S.	28.8	0.3
L----PACIFIC ST	29.1	2.7
L----CASSIDY ST	31.8	0.1
R ---BROADWAY	31.9	0.4
L----EATON ST	32.3	0.1
R ---COAST HWY (SR21) Becomes CARLSBAD BL (SR21) Becomes CAMINO DEL MAR (SR21)	32.4	16.1

Lunch - Board & Brew at 1212 Camino Del Mar in Del Mar.
48.5

Continue south on CAMINO DEL MAR, becomes NORTH TORREY PINES RD.
48.5 2.0

Follow either Route A or B to climb hill on NORTH TORREY PINES RD.

Route A: Short, but steep climb through Torrey Pines State Reserve

R ---TORREY PINES PARK RD	50.5	1.9
R ---NORTH TORREY PINES RD (at top)	52.4	1.3

Continue with Route C below.

Route B: Longer, less steep climb up NORTH TORREY PINES RD

Continue up NORTH TORREY PINES RD.
Continue with Route C below.

Route C:

R ---N. TORREY PINES RD (at Y with GENESEE AV and before UCSD campus)	53.7	1.5
Continue straight-ahead on LA JOLLA VILLAGE DR and stay in right lane.	55.2	0.2
R ---connector road down to GILMAN DR (steep downhill)	55.4	0.1
R ---GILMAN DR	55.5	1.6

Cross under I-5 FWY and immediately enter Gilman Bike Trail on right.	57.1	1.1
Exit bike trail and continue south on SANTA FE ST.	58.2	2.0
R ---DAMON AV (to end)	60.2	0.2
Cross MISSION BAY DR and enter bike trail behind traffic signal. Caution! Steep incline down to bike trail.		

Continue on bike trail and exit at GRAND AV (2 nd bridge over bike trail).	60.4	0.5
R ---GRAND AV	60.9	0.8
L----LAMONT ST	61.7	0.6
R ---CROWN POINT DR	62.3	0.7
R ---LA CIMA DR	63.0	0.1

Food stop - Delicatessen/market at corner of LA CIMA DR and INGRAHAM ST.
63.1

Continue south on INGRAHAM ST and cross bridge over to Vacation Island.	63.1	0.6
R ---VACATION RD	63.7	<0.1
Immediate right to North Cove Beach.	63.8	0.2
Finish ride at the North Cove of Vacation Island.	64.0	

-0-

PLEASE HAVE YOUR BICYCLE READY FOR LOADING ON TRUCK; BICYCLES MUST BE LOADED BY NO LATER THAN 3:15 PM. BUS LEAVES VACATION ISLAND PROMPTLY AT 3:30 PM.

Note This route takes I-5 thru Camp Pendleton due to base closure.