

SHELLEY'S SEASIDE ESCAPE

37 Miles

(Riders must wear US CPSC approved helmets.)

From parking lot off VIA CABRILLO

L ----VIA CABRILLO MARINA 0.0 0.6
R----22ND ST 0.6 0.3
L ----SIGNAL ST 0.9 1.2
Becomes SAMPSON WY

L ----6TH ST 2.1 0.1
L ----HARBOR BLVD 2.2 0.7
R----CRESCENT AV 2.9 0.5
L ----MESA ST 3.4 0.1

R----22ND ST 3.5 0.1
L ----PACIFIC AV 3.6 1.2
R----SHEPARD ST 4.8 2.1
Becomes PASEO DEL MAR

R----Cont/R --Western Ave 6.9 0.6
L ----25TH ST 7.5 1.6
R----PALOS VERDES DR EAST 9.1 1.8

Regroup – Marymount Palos Verdes College

Cont.north on

PALOS VERDES DR EAST. 10.9 4.7
L ----PALOS VERDES DR NO. 15.6 3.0
L ----VIA CAMPESINA 18.6 1.7
R----VIA CHICO 20.3 0.1

REGROUP at Malaga Shopping Plaza
(has Neptune Fountain) at Store/Bakery

L ----PALOS VERDES DR WEST 20.4 1.7

Optional Climb - from Palos Verdes Dr. West

The climb adds only about 2 - 3 miles

L-- Via Montemar

R-- Via Del Monte

R-- Granvia Altamira

R-- Hawthorne

L --Palos Verdes Dr. West & back on route
(becomes Palos Verdes Dr. South etc.)

R---- PASEO DEL MAR (Note: This is the second "Paseo Del Mar" street sign.) 22.1 2.0
R----VIA ANACAPA 24.1 0.4
R----PALOS VERDES DR WEST 24.5 1.6
(becomes PALOS VERDES DR S, becomes 25TH ST.)

Caution! Sharp dips in road at Portuguese Bend.
26.1 6.1

R----ANCHOVY AV 32.2 0.5

L ----S. PASEO DEL MAR 32.7 2.0

R---- S. PASEO DEL MAR (at junction with WESTERN AV)

Continue straight-ahead on SHEPARD ST.

L ---- PACIFIC AV 34.7 0.2

Lunch – Pacific Diner at 3821 S. Pacific Av, San Pedro; (310) 831-5334.

Continue north on PACIFIC AV. 34.9 1.6

R---- 22ND ST 36.5 0.1

R----VIA CABRILLO MARINA 36.6 0.6

Finish at parking lot 37.2

Ride Description:

Start: Cabrillo Marina in San Pedro (from Pasadena, south on the I-110 to the end in San Pedro, continue straight on Gaffey, L-on 22nd St, R- Via Cabrillo Marina, R- Shoshonean Rd, immediate left into the parking lot)

37 mi. Rolling terrain with moderately steep hills. Escape the heat and enjoy the cool breeze on this tour of San Pedro and Palos Verdes. Lunch in San Pedro.